

## SPIRITUALLY INTEGRATED PSYCHOTHERAPY TRAINING

- For mental health professionals and graduate students
- 30 hours of NBCC Continuing Education Credit
- Optional consultation, certification, and ongoing support that continue beyond the training

Friday-Saturday, January 29-30, 9:30 am - 4:30 pm est -- Courses 1-4

Friday-Saturday, February 26-27, 9:30 am - 4:30 pm est -- Courses 5-8

Friday March 12, 9:30 am - 12:30 pm est -- Course 9

March 26 - April 9, times TBD -- Course 10, the case consultation course, happens in groups of 3

Cost: \$750, includes Participant Manual -- Limited scholarships available

All courses will be taught via Zoom

The word psychotherapy means “care of the soul” (from the Greek *psyche* + *therapeia*). While the history of psychotherapy includes theorists and practitioners with a bias against spirituality and religion, there have always been practitioners who found effective ways to include spiritual wisdom in psychotherapeutic work and a large portion of psychotherapy clients who wanted to talk about the spiritual dimension of their lives.

The SIP Training draws upon diverse spiritual traditions and psychological research to provide practical, usable resources to help therapists integrate spirituality into their work. SIP teaches mental health therapists how to

- elicit and make therapeutic use of their clients’ spiritual perspectives
- make ethically appropriate use of their own spiritual perspectives



The SIP Training is for licensed and pre-licensed mental health professionals: counselors, social workers, marriage and family therapists, pastoral counselors, psychologists, psychiatrists, psychiatric nurses, addictions specialists, and others.

## Curriculum

Course	Course Titles	Contact Hours
1	<i>Foundations and Ethics of Spiritually Integrated Psychotherapy</i>	3
2	<i>Developing Spiritual Conversations in Psychotherapy</i>	3
3	<i>Spiritual Assessment</i>	3
4	<i>Spiritual Interventions: Working with Spiritual Resources, Part 1</i>	3
5	<i>Spiritual Interventions: Working with Spiritual Resources, Part 2</i>	3
6	<i>Spiritual Interventions: Working with Harmful Spirituality and Religion</i>	3
7	<i>Spiritual Interventions: Working with Spiritual Struggles</i>	3
8	<i>Spirituality and Belief System of the Therapist</i>	3
9	<i>Spiritually Integrated Case Consultation, Part 1</i>	3
10	<i>Spiritually Integrated Case Consultation, Part 2</i>	3
	<b>Total Contact Hours</b>	<b>30</b>

Participants who complete the 30-hour curriculum are eligible to pursue certification in Spiritually Integrated Psychotherapy by completing 20 hours of consultation with an ACPE SIP Trainer.

"I am a pastoral counselor with over 50 years in the field. Since completing the ACPE SIP Training, I am having more spiritually meaningful conversations with clients, and clients are doing deeper work at both conscious and unconscious levels. I credit the SIP program for working positively on my unconscious even at my advanced stage of life."

–SIP Training Participant

"I am a Muslim mental health therapist and woman of color. I serve clients from my own religion and from many other spiritual perspectives. The ACPE SIP training was a phenomenal program that provided a comprehensive foundation and practical skills for integrating spirituality and religion into counseling. I feel immense gratitude for the trainers as well as the participants for the fellowship that was created through the course of the program."

–SIP Training Participant

Course leaders are Russell Siler Jones (Asheville, NC), author of "Spirit in Session: Working with Your Client's Spirituality (and Your Own) in Psychotherapy" and Pamela Ayo Yetunde (Chicago, IL), author of "Object Relations, Buddhism, and Relationality in Womanist Practical Theology." Combined, Russell and Ayo have 45 years of experience as therapists.

For more information and  
link to registration, email

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[ayo@centeroftheheart.org](mailto:ayo@centeroftheheart.org)

ACPE is the premier Department of Education recognized organization that provides education and professional formation for spiritually integrated psychotherapists. ACPE has been approved by NBCC as an Approved Continuing Education Provider, ACEP No.7004.